



TARGETED CASE MANAGEMENT (CCPHC) CO-OCCURRING CHRONIC OR COMPLEX PHYSICAL HEALTH CONDITION

WAYS A TCM CAN WORK WITH CCPHC CLIENTS:

- Help clients manage their physical health, including nutrition and exercise
- Skills training, cueing, or supervision as identified in the client's individualized treatment plan
- Medication adherence and recognizing symptoms and side effects
- Non-clinical but therapeutic behavioral intervention, support, and skills training
- Assistance in accessing and utilizing community resources
- Emotional regulation skills
- Crisis coping skills
- Developing and enhancing interpersonal skills.
- Increase independence
- Assisting client in advocating for their physical health needs

*Please see additional page to determine
client eligibility for services*

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WHO IS ELIGIBLE FOR SERVICES?

*Medicaid recipient at least 21 years or older

*Must have a physical health issue that falls under one of the following conditions:

- A cardiovascular disorder;
- A respiratory disorder;
- A genito urinary disorder;
- An endocrine disorder;
- A musculoskeletal disorder;
- A neurological disorder;
- An immune system disorder;
- Obesity;
- Cancer;
- Deafness; or
- Blindness

*Must have a mental health diagnosis must be one of the following:

Schizophrenia Spectrum and Other Psychotic Disorders	
Delusional Disorder	297.1
Schizophreniform Disorder	295.40
Schizophrenia	295.90
SchizoAffective Disorder	295.70
Other Specified Schizophrenia Spectrum and Other Psychotic Disorder	298.8
Unspecified Schizophrenia Spectrum and Other Psychotic Disorder	298.9
Bipolar and Related Disorders	
Bipolar I Disorder	296.41, 296.42, 296.43, 296.51, 296.52, 296.53, 296.44, 296.45, 296.46, 296.40, 296.54, 296.55, 296.50
Bipolar II Disorder	296.89
Cyclothymic Disorder	301.13
Other Specified Bipolar and Related Disorder	296.89
Unspecified Bipolar and Related Disorder	296.80
Depressive Disorders	
Major Depressive Disorder	296.21, 296.31, 296.22, 296.32, 296.23, 296.33, 296.24, 296.34, 296.25, 296.35, 296.20, 296.30
Persistent Depressive Disorder (Dysthymia)	300.4
Other Specified Depressive Disorder	311
Unspecified Depressive Disorder	311
Trauma and Stressor Related Disorders	
Posttraumatic Stress Disorder	309.81